

Our trainings include:

- ▼ Needs assessments prior to the training session;
- ▼ Curriculum tailored to your needs;
- ▼ Experienced facilitation;
- ▼ Materials, tools, and resources;
- ▼ CEUs or certificates of attendance;
- ▼ Evaluation and recommendations for next steps;
- ▼ On-going technical assistance as needed following the training.

To request training services
or inquire about fees,
please go to
www.hcsm.org/glys
or call Marisa Howard-Karp
at
(800) 530-2770 x229.

Our mission and services:

To ensure safe and supportive communities for gay, lesbian, bisexual transgender, and questioning (GLBTQ) youth.

The GLBT Youth Support Project provides training and on-going support for counselors, health and human service providers, youth workers, educators, and administrators to assist them in developing and implementing welcoming and appropriate programs, policies, and services for these young people and their families.

The goal of all of our trainings is to develop your staff's knowledge and skills in supporting GLBTQ youth and to promote effective, realistic strategies for creating safety for GLBTQ youth and their families within your agency or school.

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THE GAY, LESBIAN, BISEXUAL, AND TRANSGENDER YOUTH SUPPORT PROJECT



Training and technical assistance for providers and educators who support GLBTQ youth

TRAINING DIRECTORY
JULY 2007 – JUNE 2008

HCSM, Inc
942 West Chestnut Street
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www.hcsm.org/glys

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“That’s So Gay”: Addressing and Preventing Anti-Gay Bullying In Youth-Centered Environments (2-3 hours)

Description: Description: This training will address the impact of anti-gay bullying and harassment and other derogatory comments on safety within your school or agency, increase understanding of the rationale for creating a response, and explore options for both prevention and intervention. Participants will have an opportunity to identify their goals for responding to a variety of situations and to hone their skills using real-life scenarios and role plays.
CEUs: 2-3 credit hours or a certificate of attendance.

GLBT Youth 101: Risk and Resiliency (3 hours)

This training is a pre-requisite for the GLBT Youth 202, Supporting Families, and Supporting Transgender Youth.

Description: This training is an introduction to the issues faced by GLBT and questioning youth. Participants will explore the environmental and interpersonal pressures that correlate to risky behavior and high suicide rates among GLBT youth. We will identify strategies for creating safe and welcoming environments and learn how to use a strength-based approach to support resiliency and improve the health of these youth. Participants will improve their capacity to create environmental safety. Participants will receive resources for providing support to GLBT and questioning youth.
CEUs: 3 credit hours or a certificate of attendance.

GLBT Youth 202: Skills for Supporting GLBT Youth (3 hours)

Description: Participants will identify verbal and environmental cues for communicating support for GLBT youth and will develop skills and identify resources for providing one-on-one support to youth who are coming out, questioning, or struggling with sexual or gender identity. We will discuss strategies for providing agency- or school-wide support, and for incorporating the strengths of a person’s culture of origin into our efforts to support them.
CEUs: 3 credit hours or a certificate of attendance.

Supporting Families of GLBT Youth (3 hours)

Description: This training will explore the experiences of both parents and children when a child comes out. Participants will have an opportunity to hear firsthand from a parent with an LGBT child and will discuss skills, tactics, and resources for supporting everyone involved in working through their struggles and continuing to function as a family. The discussion, issues, and case studies are relevant to biological, kinship, foster, and adoptive families.
CEUs: 3 credit hours or a certificate of attendance

Supporting Transgender Youth (3 hours)

Description: This training will begin with a discussion of sex, sexual orientation, gender, and gender identity, and what it means to be transgender or transexual. Participants will have an opportunity to hear the voices of transgender persons and to explore the impact of gender roles and expectations on each of our lives. The discussion and exercises will build on skills and identify resources and practical areas for providing support to transgender and gender-questioning or gender-transitioning youth.
CEUs: 3 credit hours or a certificate of attendance.

Creating Safety for GLBT Youth in Our Community (2 days)

Description: This training will cover all of the topics addressed in the GLBT Youth 101 and 102 trainings, with additional opportunities for skills-building, hands-on work, and developing effective interventions. Participants will have the opportunity to review sexual identity formation among adolescents, and to examine further the role of culture of origin in the coming-out process. This training offers participants support and skills for assessing environmental and interpersonal safety in their school or agency and the opportunity to create a strategic plan to increase safety in that setting.
CEUs: 11 credit hours or a certificate of attendance.